

**I took my affirmations from various sources, and edited to meet my needs. Feel free to edit them to meet your needs! And remember Jim Rohn's famous wise words: "Affirmation without discipline is delusion." Best wishes! Trish**

"Let the weak say I am strong" from the book of Joel

"Today is the beginning of a beautiful new day. God has given me this day to use as I will! I can waste it or use it for good, but what I do today is important because I am exchanging a day of my one and only life for it! When tomorrow comes, it will be gone forever, leaving in its place something I have exchanged for it. I choose for my day to be filled with goodness, success, and joy!

"I am an open channel for divine ideas to flow through me, and the creativity of the universe now expresses itself through me! Whatever I need comes to me, Everything I need to know is revealed to me! I am Divinely guided, protected, and inspired, and my way is made smooth and easy! If there is anyone I meet or think about today who irritates me in any way, I simply bless them with love, and the love I send to them returns to me multiplied, and I will benefit in ways that I cannot even imagine! Whatever I give out returns to me! I cast my bread upon the waters and it returns to me a million-fold! from Louise Hay

I am totally independent of either the good or bad opinions of others! I am beneath no one, and I am above no one! I am fearless in the face of any and all challenges! from Deepak Chopra

"I greet this day with love in my heart! For this is the greatest secret of success in all ventures! Muscle can split a shield, and even destroy life, but only the unseen power of love can open the hearts of men and women, and until I master this art I will remain no more than a peddler in the marketplace! I make love my greatest weapon, and none on whom I call can defend against its force! My reasoning they may counter, my speech they may distrust, my apparel they may disapprove, my face they may reject, and even my bargains may cause them suspicion, yet my love will melt all hearts, liken to the sun whose rays soften the coldest clay! And how shall I greet each whom I meet? In only one way: in silence and to myself, I say 'I love you'. Though spoken in silence, these words shine in my eyes, un wrinkle my brow, bring a smile to my lips, and an echo to my voice and their heart will be moved! And most of all, I will love myself! For when I do, I will zealously inspect all things that enter my body, my mind, my heart, and my soul! Never will I overindulge the requests of my flesh, rather I will cherish my body with cleanliness and moderation. Never will I allow my mind to be attracted to evil and despair, rather, I will uplift it with the wisdom and knowledge of the ages. Never will I allow my soul to become complacent and satisfied, rather I will feed it with meditation and prayer. Never will I allow my heart to become small and bitter, rather, I will share it and it will grow and warm the earth! I greet this day with love in my heart! I will become a great salesperson! If I have no other qualities, I can succeed with love alone; and without it I will fail though I possess all the knowledge and skills of the world!" from Og Mandino "Greatest Salesman in the world"

"I accept that a benevolent power is working through me and in me to manifest goodness and abundance in my life and in the lives of others!"

"I know how to be rich in every way, and I know how to help others become rich, too! My income exceeds my outflow!"

"I , Trish Schwenkler (put your own name here of course), have what it takes to be successful. I am a caring, compassionate, persistent, consistent, magnetic, efficient, effective, duplicatable, balanced, healthy network marketing leader. And I attract caring, compassionate, persistent, consistent, magnetic, efficient, effective, duplicatable, balanced, healthy network marketing leaders into my immediate downline."

"Thank You for Your Unfailing and Superabundant Providence! Everything always falls into place, in it's own time and in it's own way! My natural state is a state of vibrant health, energy , and vitality! I recognize that there is only one Mind! I realize that my mind is part of the Universal Creative Mind! Therefore, when I speak my word, the Universal Creative Mind acts upon my word without hesitation!"

"I see my (child's name ) loving and happy , open-hearted and well the way God made her/him; and the way God wants him/her to be, and by the power of the Holy Spirit, I say that this is so and I see Love and Light, and Grace and Goodness and Power and Healing flowing into every cell of her/his heart, mind , soul, and body right now just like the vine flows into the branches and for this, oh my God, I thank thee!"