

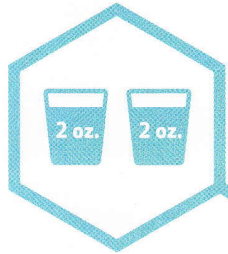
ASEA[®]

REDOX SUPPLEMENT

USAGE GUIDE

ASEA Redox Supplement enhances the ability of every cell in your body to function at a higher level, which can have a positive impact on every system from the day you begin using it.

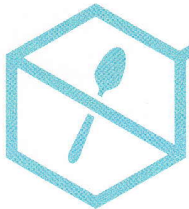
FOR BEST RESULTS



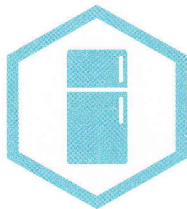
Drink four ounces of ASEA Redox Supplement every day. We recommend two ounces in the morning and two ounces in the evening.



Consume within one month of opening.



Do not mix ASEA Redox Supplement with anything.



ASEA Redox Supplement may be refrigerated for improved taste.

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RESULTS TRACKER

This chart will help you recognize the changes that are happening in your body as you take ASEA Redox Supplement. Rate each function listed from 1-10 (10 being very good) and total the results. Fill out the CURRENT column and track your results each week to see the difference ASEA Redox Supplement is making.

FUNCTION	CURRENT	DAY 7	DAY 30	DAY 60	DAY 90
Energy					
Stress					
Sleep					
Digestive					
Mental Focus					
Muscle Comfort					
Joint Comfort					
Digestive Issues					
Back Comfort					
Endurance					
Workout Recovery					
Seasonal Issues					
Overall Health					
Other					
Total					

This Usage Guide and Results Tracker are included with most cases of ASEA bottles in N America